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THE NORTH WEST TACOMA ALZENE PUBLISHING FACTS

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Volume 6, Number 12 PUBLISHED WEEKLY IN TACOMA, WASH. 1019 South 12th St. 627-5597 February 9, 1977

LISTEN TO... the commentary of Right On Fitzgerald Beaver editor & publisher of THE NORTH WEST FACTS
Heard Every Tuesday on
KVI Radio 570
2:50 am 5:50 am 11:50 am
10:50 pm 6:50 pm

Right On... FROM THE PUBLISHER'S PEN

I SHALL NOT PASS THIS WAY BUT ONCE; THEREFORE ANY GOOD THAT I CAN DO OR ANY KINDNESS THAT I CAN SHOW LET ME DO IT NOW, FOR I SHALL NOT PASS THIS WAY AGAIN.

Fitzgerald Beaver

"ROOTS" WAS RIGHTEOUS

ABC has rendered the American public a great educational service in bringing ROOTS into millions of homes. Initial rating returns indicate an unprecendented viewing audience. More people watched ROOTS than watched the Super Bowl. And now at last the story has been told, and Americans have finally seen our history from the victims' viewpoint. It's all there, the shameful truth that is never told in the history books - the kidnapping, the brutality (both physical and psychological), the deprivation, the exploitation, the naked injustice perpetrated upon generation after generation of Afro-Americans.

It is a hopeful sign for our nation, which has not to this day fulfilled the pledge of equal opportunity for all, that so many Whites watched ROOTS, because it cannot have been a comfortable experience. And certainly for Blacks it was not a "pleasant" 12 hours. But nonetheless, I think Americans experienced a tremendous sense of relief at finally getting the truth out in the open. It's like the lancing of a boil - hurts like hell to have it done, but it's the only way to get relief. There are indeed lessons to be learned from history, but only history as it was - THE TRUTH - can set us free. And that applies to all of us - Black and White - because as the series showed, Whites too were prisoners of a system.

And in the end, ROOTS is a triumph and a tribute to Black Americans because it shows how Blacks through the generations persevered through crushing adversity in order to survive. ROOTS pays honor to that tenacity, and to the continuity of a family. ROOTS is Right On!

Free Sickle Cell/High Blood Pressure Screening at AACC

Mark this date on your calendar: Saturday, February 12, 10 a.m. to 3 p.m. It could be a day that will save your life.

On that day there will be free testing for Sickle Cell Anemia and High Blood Pressure at the African-American Cultural Center, 2502 Tacoma Avenue South. These health disorders are not restricted to the Black population, but the occurrence is more frequent and massive.

The screening program is being coordinated with the Washington State Sickle Cell Program and the Tacoma/Pierce County Health Department's Community High Blood Pressure Control Program. Also cooperating in this effort are the Family Clinic, the Eastside Health Clinic, and the Ebony Nurses Association.

Also on hand to make this day a success will be the personalities of the "Black Giant", radio station KTOY, broadcasting live from the AACC.

Plan to be there: Free Sickle Cell/High Blood Pressure Screening at the AFRICAN-AMERICAN CULTURAL CENTER, 2502 Tacoma Avenue South, Saturday, February 12, 10 a.m. to 3 p.m.

Bring a friend; bring the family. This will be a most educational and effective experience for all who attend.

NOTE: Persons under 18 years of age who desire Sickle Cell testing MUST bring a note of parental consent.

Homecoming Queen at Seattle Pacific College

For Facts Feb 9 77

Wilhemenia White was crowned Seattle Pacific College's 1977 Homecoming Queen during coronation ceremonies at the Seattle Center Food Circus, Friday, January 28.

The 20-year-old junior is majoring in nutrition and lives in Moyer Residence Hall where she is a resident assistant.

She came to Seattle Pacific in 1974 from Clover Park High School in Tacoma, where she was on the cross country track team, in the Honor Society and in the Afro-American Club. As a senior, Ms. White was the school's 1974 Daffodil Princess.

Continuing to be active after coming to college, Ms. White joined the Multi-Ethnic Students Association at Seattle Pacific, plus a student volunteer Action Team. She also volunteers part of her time to Urban Involvement, a program directed toward reaching out and meeting the needs of the community.

Interests for the Seattle Pacific junior include sports, sewing and people. With her degree she would like to become a public health nutritionist involved primarily with counseling.

"Doing God's purpose" is of the utmost importance to Seattle Pacific's Homecoming queen.

Ms. White is the daughter of Mr. and Mrs. Walter E. White, Tacoma.

Other members of the Homecoming court include Cam Doherty, senior, Bellevue; Julie Hansen, sophomore, Spokane; Debbie Halle, senior, Seattle; and Tammy Yates, freshman, Moscow, Idaho.

Homecoming royalty was featured during half-time of Saturday night's basketball game between the Falcons and the University of Puget Sound Loggers and in a worship service Sunday morning at the College Church.

Skycap of the Year Honored

SKYCAP OF THE YEAR: Walter B. Tucks, skycap for United Airlines at the Seattle-Tacoma International Airport since 1966, was honored by his company at two banquets recently. He was selected "Skycap for the Western Division" in San Francisco and later named top skycap for the airline's entire system at an award dinner in Chicago. He was recognized for his exceptional service to passengers. President Richard J. Ferris, left, presents a special plaque to Tucks. Standing by is J.R. Byerwalter, senior vice president and general manager, Western Division. United Airlines Photo.

Walter B. Tucks, skycap for United Airlines at the Seattle-Tacoma International Airport since 1966, has been named "Skycap of the Year."

Walt was honored at a banquet in San Francisco recently for being selected "Skycap for the Western Division" of United and at a second dinner in Chicago for being named top skycap for the airline's entire system.

He was recognized for his superior passenger service and in-house dedication setting a high standard as an employee. Walt is a born leader. As a Lead (supervisor of the skycap group), he plans the briefing for his skycap group, and when they arrive, he briefs them on the shift operation and assigns them their responsibilities.

He plans the scheduling for the skycap group, and his planning is "number one" -- what is best for the customer and United. At the end of each shift, he reviews the operations with the on-coming Lead.

Walt was responsible for the curb-side check-in system at Seattle for United. This service has helped tremendously in expediting customers in this faster check-on service. He came up with a plan which saved the company between $6,000 and $8,000 in manpower last year in addition to giving United's passengers the finest service at the Seattle-Tacoma Airport. No other airline has this facility and much of the credit belongs personally to Walt.

He is very sensitive to people's needs. He always provides the finest in service and often goes beyond what is expected. Recently, there was a young couple with a baby who hitchhiked to the airport to make their flight. Walt saw them struggling up the walkway with baggage and baby and went to assist them. They advised him they didn't have any money to tip him. Walt replied, "That's not what I'm here for; I'm here to help you." When they arrived at the ticket counter to pick up their tickets, they found they were $20.00 short. Someone had failed to advise them od the added tax. The mother was disappointed and tearful. Walt offered to give, not loan, them the $20.00. It turned out they did repay Walt later. He has done this on more than one occasion. He says that he never loans but will give, and he has always been repaid, except for once.

In his off-hours, Walt is involved in community affairs. He has been on the membership committee of the Seattle Urban League and is involved in minority affairs. His philosophy for them is that they should not expect something for nothing -- you only get out of life what you put into it.

Walt resides with his wife, Lucille, at 8447-50th South, Seattle.

African Theme to Highlight Dance

The Contessa Club will be sponsoring its 8th Annual African Safari Benefit Dance on Saturday, Feb. 12 from 9:30 to 1:30 a.m. at the Tacoma Bicentennial Pavilion. A donation of $3.50 is asked per person. There will be live music. Proceeds from this dance will go towards a scholarship to some worthy person to attend Tacoma Community College for two years, which is always one of our community service projects.

In addition the club members have again created beautiful, authentic African safari dolls which will be on display. These dolls are the highlight of our annual dance.

Chairperson for this colorful dance is Mrs. Bobbie Patterson, assisted by Mrs. Ellen Scott and Mrs. Ann Walker, Club President.

Club members are: Charlotte Breckenridge, Ora Brown, Terri Cato, Frances Claxton, Ella Crawford, Virginia Fountain, Leola Hill, Lois Jackson, Carrie Millner and Barbara O'Neil.

'It Pays To Advertise.' and that's The Facts call 627-5597

THE FACTS

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Sorority Plans Sisterly Week

Traditionally Alpha Kappa Alpha members world-wide surprise sorority sisters with tokens, invitations and other niceties during Sisterly Yours Week, observed annually in February. This special week will begin for Zeta Omega Omega Chapter on Saturday, February 12 with an eleven o'clock brunch at the home of Miss M.L. Barnes, 9005 25th Ave. Court South.

Combined with Sisterly Yours will be a gala celebration for Zeta Omega Omega's twentieth anniversary. Four charter members will be on hand to cut the birthday cake: Lelia Allen, Marie Lindsey, Audrey Russell and Helen Stafford. Still in the area is another charter member, Minnie Aldrich. Special guests from Seattle's Delta Upsilon Omega Chapter, as well as former Alpha Kappa Alpha Sorority members are invited to participate in a day of fun.

Call N. Bettye Clanton, co-hostess, for additional information.

"Afro-American History Month"

FORT LEWIS, WA -- "Afro-American History Month" has been proclaimed here, with an active observance planned for the week starting February 13.

This has been officially proclaimed "Afro-American History Week" and will be highlighted by religious activities, speakers, music, arts and crafts displays, a film festival, and soul food served in unit dining facilities.

Black History Celebration

The Asberry Cultural Club is celebrating Black History Week by presenting "BLACK PROGRESS IN '76". The program will take place Saturday, Feb. 19 from 4-6 p.m. Lunch will be served from 1-4 p.m., donation $3.00. This event will take place at the Tacoma City Association Clubhouse, 2316So. Yakima. For further information call 475-6296.

THE SUPERIOR man rises by lifting others.

ROBERT INGERSOLL

Madigan Honors Tacoma Civilian Employees

Eighteen Tacoma residents were recognized for outstanding performance, suggestions, and length of federal service during ceremonies Jan. 31, at Madigan Army Medical Center. The awards were presented by Brigadier General Spencer B. Reid, Madigan's commander.

John Hall, Logistics Division, Mildred Anderson, Department of Nursing, and Joseph Mouton, Jr., Food Service Division, each received a 30-year length of service certificate and emblem.

Jean L. Edee, Patient Administration Division, Phyllis J. Falk, Department of Radiology and Leo J. McGavick, Office of the Comptroller were recognized for their adopted suggestions.

Phyllis Falk was awarded $115 for her suggestion which has increased the return of X-ray folders, thus reducing the preparation of temporary folders.

Leo McGavick received $35 for his idea of installing a carbon dioxide extinguisher in the steno pool equipment area.

Jean Edee was presented a Suggestion Award Certificate for her proposal of putting necessary information on patient identification forms to reduce time spent in reviewing clinical records.

Outstanding performance ratings and quality increase awards were presented to Otherra Sledge, Department of Nursing and Geraldine Moon, Department of Clinics and Community Health Care Service.

Ora Brown, Department of Nursing, and Robert Boys, Logistics Division received outstanding ratings and sustained superior performance awards.

Recipients of outstanding performance ratings included Lois Wall, Department of Nursing; Elsie Olson, Patient Administration Division; Helen Fravel, Department of Psychiatry and Neurology, Marie Cayton, Department of Clinics and Community Health Care Service and Samuel Jones, Food Service Division.

Doris Salternik, employed at the Center's Medical Library, received a quality increase award; and Kenneth Farrington, Patient Administration Division, was presented a sustained superior performance award.

Lois Bowie, who works in the Food Service Division was awarded a 20-year length of service certificate and pin.

Honor Soldier Picked at MAMC

An epidemiology technician at Madigan Army Medical Center's Health and Environment Service has become the hospital's first Soldier of the Quarter for 1977.

Specialist 5 Todd C. Holm was selected from a field of three candidates by a board of senior non-commissioned officers. Selection was based on military knowledge, appearance, and bearing.

The 27-year-old Portland, Oregon native joined the Army in March 1974 and completed basic combat training at Ft. Leonard Wood, Mo. He attended the Army's environmental health specialist course at Ft. Sam Houston, Tex., and was named distinguished honor graduate upon completion.

A 1967 graduate of Centennial High School in Gresham, Ore., the specialist attended Oregon State University in Corvallis and was graduated from Portland State University in 1973 with a bachelor of science degree in marketing. He has completed approximately one-half of the credits required for a master of science degree in business administration.

Spec. 5 Holm joined the Madigan staff in 1976 as a dining facility inspector following a two-year tour in Germany where he was assigned to the 3rd Medical Battalion. He was assigned to the epidemiology (study and control of communicable disease) section about a month ago.

He is married to the former Audrey Haugen of Milwaukie, Ore.

Madigan Schedules two Medical Seminars

Two renowned medical experts will be guest professors for two February seminars hosted by the Otolaryngology Service at Madigan Army Medical Center in Tacoma.

The first of the two seminars to be held at the Center is a two-day program February 7-8 entitled "Modern Laryngology and Bronchoesophagology -- A review and practical course." Featured speaker for the meeting is Dr. Gabriel F. Tucker, Jr., professor otorhinolaryngology and maxillofacial surgery, Northwestern University in Chicago.

The seminar is the second part of a course and will include addresses by Lieutenant Colonel Leonard Hays, chief of Madigan's otolaryngology service, Colonel Ferdinand Montegut, chief of thoracic surgery service at Madigan, and Dr. Robert Schaefer, clinical assistant professor, departments of otolaryngology and radiology, University of Washington. Major Bruce Buchanan and Major Clyde Koontz of the Pulmonary Medicine Service at Madigan will also participate.

A second seminar scheduled for Feb. 15 is entitled "A Seminar on Maxillofacial Disease and Surgery." It will be conducted by Madigan's Otolaryngology Service in conjunction with the Northwest Academy of Otolarngology and Head and Neck Surgery.

The buest speaker of this one-day meeting is Dr. Leslie Bernstein, professor and chairman, Department of Otorhinolaryngology, University of California, Davis. Colonel Robert Huey, Chief of Madigan's Oral Surgery, will also lecture at the seminar.

Physicians and dentists wishing to attend these seminars can obtain further information about the program and registration process by writing Lt. Col. Leonard Hays, Chief, Otolaryngology Service, Box 306, Madigan Army Medical Center, Tacoma, WA 98431 or by calling (206) 967-6790, 967-6421 or 967-6469.

Meet Your Neighbor

FIRM WINS PACESETTER AWARD

The staff of Strout Realty's Tacoma Office.

Junior N.R. Ellis, Branch Manager of the Tacoma office of STROUT REALTY has been notified by the Company's executive offices that his office has qualified for the Strout Sales Pacesetter Award.

In recognition of this achievement, a Company official will present an engraved wall plaque commending the sales staff for outstanding Sales Achievement and noteworthy service to the public. The award is given only to branch managers who have continually exceeded their monthly goals for the sale of all types of real estate.

Mr. Ellis has represented the national firm locally since June, 1976, with an office at 1501 South "M" Street. The sales staff includes William Weatherby, Noble Davis, Jr., Thomas Johnson, Frederick Cooper and Jennie Johnson.

Creative Kid Stuff

This program is designed for young people 6-12 year old. The program will provide a base from which young people can begin learning to recognize their creative impulses and to develop their creative potential through a variety of activities such as: painting and drawing, creative dance, poetry, prose and plays, performing one act plays, speeches, crafts and group discussion.

The program will assist young people strengthening their expressive and communicative skills which are so essential to the achievement of life goals. The individual and group activities will encourage creative thinking and understanding the present thought processes.

The instructor will be Ms. Patricia Chandler, a University of Puget Sound Senior, who has worked as a volunteer and supervisor with the Tacoma Area Child Tutoring Program. Creative Kid Stuff will meet on (note change) Saturday at 10 a.m. to 1 p.m.

Come to Church Services

Greater Joy Church of God In Christ's radio broadcast has been delayed until February 13. Greater Joy Church of God In Christ's radio broadcast will begin Sunday night at 9:00 p.m. over radio station KMO, 1360 on the dial. The program was not aired last Sunday as planned due to technical difficulties.

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Everyone is welcome to come worship with us.

Health in Rural Africa Better Than United States

According to Dr. Ruben, MD, rural Africa has avoided the diseases of the modern world. Although life expectancy in the United States is longer, few of us know how deceptive these stastics are. Its not because our general health is improving - it's because fewer children now die before the age of five.

Life expectancy calculation uses a complex formula based on age at death of those who die each year to arrive at an expectancy figure for those still living. A group of British doctors made a study of African diets to determine if any conclusive statements could be made on the difference in health. When they summarized their findings, this is what they had: 1) Africans had more massive, heavier, less odoriferous bowel movements than Englishmen. 2) Africans moved their food through the body three times faster than Englishmen. 3) Africans ate about three times as much roughage or vegetables as Englishmen.

The British doctors could have drawn their conclusion here, but, they decided to continue their study. This is what they found: 1) Coronary heart disease, the cause of attacks which are responsible for one-third of all deaths in the United States, is virtually unknown in rural Africa. 2) Cancer of the colon and rectum, the number one form of lethal cancer in the United States, is extremely rare in country-dwelling Africans. 3) Appendicitis, the most common abdominal surgical emergency in the U.S., is almost never encountered among African villagers. 4) Hemorrhoids, the cause of suffering and disability, is rare among those eating the African diet. 5) Among Americans, diverticulosis (big pockets pouching out in the walls of the intestine) is the most common disease of the colon; half of older Americans are victims. Africans almost never get it. 6) Ten percent of all Americans have varicose veins. This is very unusual in rural Africa. 7) Phlebitis (blood clots in the legs) which is lethal potentially, since the clot can move upward into the lungs and cause sudden death is frequently seen in America. Africans are rarely afflicted by this disease. 8) Obesity affects Americans by over fifty percent; Africans who adhere to their traditional diet do not become obese.

This was too simple to believe. "Maybe the observation that rural Africans were spared so much illness could be explained on the basis of heredity. Perhaps there was something in the genes of Black Africans...

The researchers continued their investigation. They produced these findfindings: 1) Africans who adopt a western diet gradually develop western disease. 2) Black Africans who come to the United States and adopt American diet slowly succumbs to these degenerative diseases.

Trying to explain the difference in susceptibility in terms of "black-white racial differences" led up a blind alley in another respect. Native Japanese on a traditional diet are "nearly as free from these conditions as African blacks." The answer according to Doctor Ruben, is Africans eat a diet high in fiber. Americans eat low-fiber diets. Rural African diets are primarily made up of ground corn, boiled bananas, fresh potatoes, and plenty of beans. There are several high fiber foods, check with your physician.

A.G.H.

Tacoma Inner City Becomes PLU Classroom

Downtown Tacoma sidewalks became a college classroom recently for students enrolled in a special Pacific Lutheran University adult course.

The eight-week course, offered primarily for adults returning to school, was intended to give a glimpse of the various facets of urban life that many people never see in their community.

One of the highlights was a day-long walking tour of the inner city. "We took a close look at problems of city planning, zoning, architecture and urban renewal," said Lee Kichen, the course instructor.

A man with master's degrees in both social sciences and corrections counseling, Kichen is employed with ELCID (Enforcement of Law through Court Intervention and Diversion), a Pierce County Probations Department corrections program.

Kichen's "Urban Lifestyles" students included housewives, veterans, under graduate students and retired military persons. One was from New York, others were from San Francisco and Honolulu.

"Many of us had abundant experience in an urban society," Kitchen observed, "but we were seeing a side of life that most of us had never seen before."

The class also visited agencies like ELCID and the Tacoma Rescue Mission. "ELCID deals with public welfare oriented through corrections," he continued. "The rescue mission gave a look at how social welfare works when it is not funneled through the public sector."

A look at city government through the eyes of a city councilperson was one of the class highlights, several of the students indicated. They attended Tacoma City Council meetings and met personally with city officials.

"The students were all taxpayers," Kichen said. "It was somewhat of an eye-opener for them to see that their public officials are no better or worse than a cross section of the public. Some are extremely dedicated others appear to simply be on an ego trip."

One of the most interesting observations of the students was their recognition of the impact government has on the poor and minorities on one hand and the white middle class on the other, Kichen indicated. "It's difficult to disrupt the status quo," he said.

The class was one of several offered this year by the PLU Adult College Entry (ACE) program, which is designed specifically for mature students returning to the college classroom. Sue Hildebrand is the ACE coordinator at PLU.

EEOC Enforces the Law

THE SYSTEM

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Third - CONCILIATES or attempts to persuade the employer to voluntarily eliminate that discrimination. (The EEOC will furnish extensive technical assistance to any employer or union to aid and further voluntary compliance with the law.) If conciliation attempts fail, the EEOC -

Fourth - FILES SUIT in Federal Court based on charges filed with the EEOC by aggrieved persons or on a charge filed by an EEOC Commissioner. (In lieu of EEOC court action, aggrieved parties may initiate private civil action). Court ordered compliance with Title VII often results in large expenses to the employer, usually exceeding the cost of effective voluntary affirmative action. Widespread voluntary compliance is by far the most desirable method for eliminating job discrimination.

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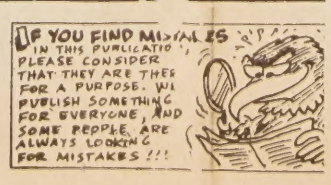
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WE COVER THE FOLLOWING SUBJECTS PLUS MANY MORE

Thinking Of Starting Your Own Business . . .
We cover, step by step—all the hidden or forgotten—little things you need to know before you invest any money.
Personal Resources Inventory . . .
We show you how to take a personal resource inventory and what it will mean towards your chances of success.
Getting The Right Answers Before You Get Involved . . .
Now you get down to the facts of business—Money—how much do you have—how much do you need—where is the security in your venture.
Developing A Business Plan . . .
Here you develop your actual business plan—a sound and logical approach to making your business endeavor a success—a plan that your banker or lender will praise.
What's In It For Me? . . .
What's in it for you?, what do you expect personally in the way of income, investment, equity, and security, will your business be able to provide these answers.

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cash management
market penetration
advertising
borrowing
pricing
sales
inventory
crisis counseling
aid/counsel sources
plan development

ALL HAPPINESS depends on a leisurely breakfast.
JOHN GUNTHER

Dual Celebration for Matron's Club

From left. Cecil Lipscomb, Harryetta Jeffrie and Mrs. Juanita Owens.

The Matron's Club of Tacoma will have a dual celebration during their 25th annual style show with the theme "Reflections in Fashionation," at noon, Monday, February 21, at the Bicentennial Pavilion.

A smorgasboard will begin the program in which the club members also recognize the golden anniversary of the organization.

Light middle weight champion Sugar Ray Seales, gold medal winner Leo Randolph and Davey Armstrong are special guests. Entertainment will be by a modern jazz dance group and organist Christopher Pearson will provide background music for the fashion show.

Commentating on fashions will be Harold Moss of the Tacoma Urban League and Don Dudley of KYAC AM- FM radio.

The club was founded by Mrs. James Aldridge just to get a group of young women together socially. For the past 35 years a young high school student has received a scholarship, a spokeswoman said. The group is a community service organization.

Proceeds of the public luncheon will benefit the scholarship fund. Tickets will be available at the door.

Matron Club offiers are Mrs. Donnye Adams, president; Mrs. Sue [illegible] vice-president; Mrs. Wilda Booher, secretary; and Mrs. [illegible] Stafford, treasurer.

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THE TACOMA FACTS

Musicians Awarded

Three musicians from Readymade Family received awards. From left to right: Timmy Newell, who received an award for his "Outstanding Contribution in 1975-76"; Robert Bennett, band leader of Readymade Family, who received an award for his "Outstanding Leadership in 1975 -76"; and Michael Washington, newest member of Readymade Family, who was awarded the "Code of Conduct Award". Runner-up for the "Outstanding Contribution Award" was James Hill, technical engineer. Runner-up for the "Outstanding Leadership Award" was Nat Patterson, Jr., musical arranger. Runner-ups for the "Code of Conduct Award" were Kim Bennett and Larry Lewis. Riger and Charles were given honorable mention as supporters.

Program for Drug Users

There exists in the United States today serious problems of drug abuse. Estimates of the number of heroin addicts nation-wide vary from 200,000 to 600,000. Coupled with this drug addiction is a cycle of crime, arrest, incarceration, release and continued drug dependency. The jailing of drug addicts has failed to rehabilitate them.

Treatment Alternatives to Street Crime (TASC), a federally funded program, is attempting to interrupt the drug dependency - crime - arrest - imprisonment - drug dependency cycle by introducing treatment for addicts. Experience has shown that addicts seek treatment only when a crisis occurs. Arrest, is often the crisis situation. These addicts or drug abusers who have recently been arrested for drug related crimes are the target population for the TASC program.

Much stands to be gained if addicts can be directed into treatment facilities and out of the criminal justice system. Compared to the costs of arrest, trial, appeal, imprisonment and parole, the cost of treatment is modest. Crime in the community may be reduced and last but not least some human lives can be salvaged.

For information on the TASC program, call in Tacoma -- 572-4750.

Turf News

Champ Smith shot a hole in one on the 145 yard Number 15 hole at Meltle Park in Tacoma, Sunday, Jan. 6. The players with him were Lewis Buccini and Albert Buccini. All are members of Tacoma's Tee and Turf Club. Watch out Fir State!

Leonard's TRADING POST
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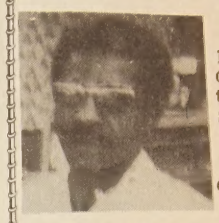
Cafe



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FOR SALE

A Reproduction of an orginal bill of sale for a slave, Dated 1861, for $1.50.
A complete History of the Purchasing Family for $1.50. Send check or money order and a printed return address to DOCUMENTS , PO Box 171, Tacoma Wa. 98412

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in THE FACTS Newspapers Seattle Tacoma

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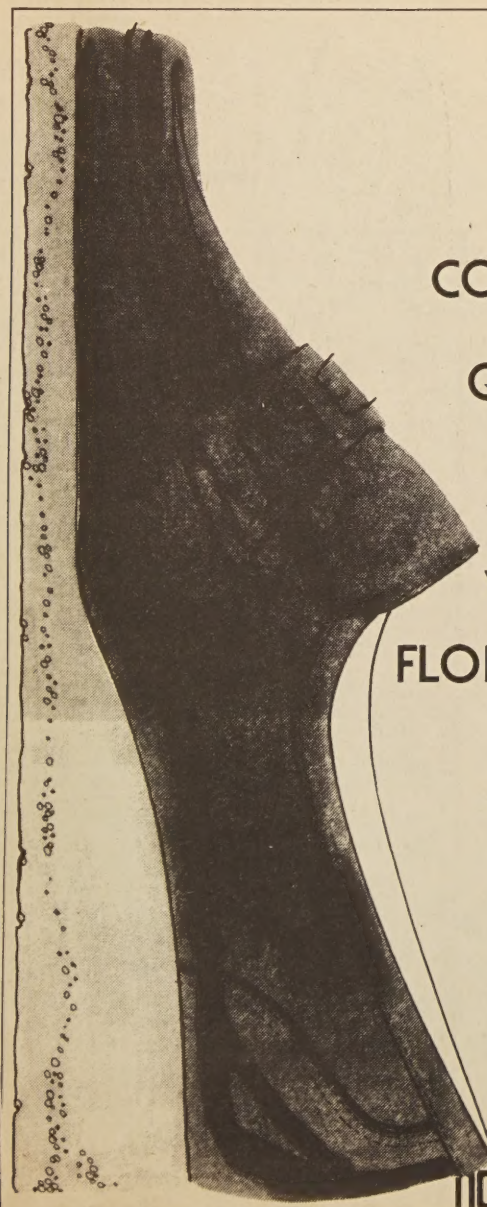

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a name you can trust. with styles like this good looking casual crepe sole wedge. so superbly comfortable it will be the best friend your feet ever had. white. tan. navy. brown 7½-12 aaaa 6-12 aaa-aa 4-12 b 5½-10 c 31.95. women's shoes. downtown and suburban stores except university (remember if your favorite style size or color isn't available but we have it in another store we guarantee to find it for you.)

THE FACTS

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Friendly People...Friendly Service

SAVE 11¢ on 3 — Coldbrook Margarine Cube SUPER SAVER 3 lbs. For $1

Lucerne AA Large Eggs SUPER SAVER Doz. 72¢

SAVE 22¢ — Kraft Miracle Whip SUPER SAVER 32 oz. 95¢

SAVE 10¢ — Lucerne Gourmet Ice Cream SUPER SAVER $1.79 Half Gal.

Refrigerated Foods!
Cinnamon Rolls Pillsbury, 9.5 oz. 49¢
American Singles Kraft, 3-lbs. $4.75
Soft Parkay (Maxi Bowl 16 oz.) Margarine, Two—8-oz. 59¢
Cream Cheese Lucerne 2 3-oz. 39¢

Top Ramen Nissin Noodle 4 3 oz. $1
Jiffy Cake Mix 5 9 oz. $1
Jiffy Frosting Mix 4 7.5 oz. $1
BLUE BELL Potato Chips Corn Chips 6 oz. 65¢
SUNSHINE Hydrox Cookies 19 oz. 95¢

Hot Cocoa Mix Nestles Envelopes, 12—1-oz. 99¢
Hot Cocoa Mix w/Marshmallows Nestles Env. 12—1-oz. 99¢
Nestles Cocoa Mix 1.5 lb. $1.75
Cookies Mixes Nestles 12-oz. 89¢
Kraft MACARONI CHEESE Dinner Deluxe 14 oz. 69¢

Grape Juice (Cranberry Juice 6 oz. 39¢) Welch's 16 oz. 79¢
Eggo Waffles Blueberry 11 oz. 65¢
BAN-QUET Suppers (Macaroni & Cheese 7 (.05) 32 oz. $1.25
BANQUET MAN-PLEASERS Dinners 17 oz. 99¢
Mint SAND-WICH Bars San Francisco 10—3 oz. $1.49

SAVE 10¢ — Fruit Flavors Lucerne Yogurt 2-lb. 63¢

Friskies SAUCE CUBES SUPER SAVER For Dogs 25-lb. $4.99

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Potato Chips Party Pride Triple Pack SUPER SAVER 9 oz. 59¢

SAVE 26¢ — Delicious Lucerne Ice Milk SUPER SAVER Half Gal. 79¢

Saltine Crackers Ovenjoy 16 oz. 39¢

SAFEWAY

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Prices effective Wednesday, February 9th thru Saturday, February 12, 1977. Sales in retail quantities only.

SAVE 30¢ on 2 — Betty Crocker Cake Mixes SUPER SAVER 2 18.5 oz. $1

SAVE 14¢ — General Mills Cheerios Cereal SUPER SAVER 15 oz. 79¢

Tomato Paste Hunt's 4 6 oz. $1
Tomato Sauce Hunt's, 29 oz. 69¢
Kraft Parmesan Grated, 3 oz. 62¢
MJB HERBAL BUTTER Rice Mix 4 oz. 37¢

Nalley Chili & Beans 40 oz. $1.19
Nalley Mayonnaise 32 oz. 99¢
1000 Island Dressing, Nalley, 16 oz. 79¢

Peanut Butter Sunny Jim SUPER SAVER 18 oz. 85¢
Apple Butter Sunny Jim SUPER SAVER 15 oz. 53¢
Table Syrup Sunny Jim SUPER SAVER 20 oz. 69¢
SUNNY JIM Syrup Buttered SUPER SAVER 24 oz. $1.07

SAVE 35¢ on 5 — Manor House Meat Pies SUPER SAVER 5 8 oz. $1

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Cascade Detergent 65 oz. $1.79
Joy Liq. Detergent 48 oz. $1.59
Tide Detergent 171 oz. $3.99
Kleenex Tissue 200's 53¢
NICE 'N SOFT Facial Tissue 150's 45¢
Ziplock SAND-WICH Bags 50's 59¢

Shortening Velkay 3-lb. $1.29
Salad Oil NuMade 24-oz. 77¢

SAFEWAY Baked Goods
SUPER SAVER SKY-LARK Rye Bread Plain, Jewish or Swedish 2 15 oz. 79¢
MRS. WRIGHT'S Raisin Snails 6's 99¢

Glade Air Freshener Solid REG. $1.69 Two 6 oz. 99¢
Ban Roll-On Anti-pers. Deodorant REG. $1.29 1.5 oz. 89¢
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SAVE 33¢ on 7 — With this coupon you may purchase Seven 3-oz. Pkgs. Jell-Well Gelatin for $1.00.
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Bunch Carrots Fresh 3 for $1
Zucchini Squash Fancy, lb. 39¢
Baking Potatoes Large 2 lbs. 29¢

USDA CHOICE
Beef Blade Roast U.S.D.A. Choice lb. 54¢

USDA A GRADE
Fresh Whole Fryers U.S.D.A. Grade A Arkansas Grown lb. 45¢

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Beef 7-Bone Roast U.S.D.A. Choice, lb. 69¢
Beef Cross Rib Roast U.S.D.A. Choice, lb. $1.19
Beef Sirloin Tip Roast Boneless Choice, lb. $1.29
Beef Stew Meat Lean Cubes, lb. $1.09
Hormel Salami Chubs lb. $2.59
Smoked Picnics 4 to 8 lbs. Water Added Wilson (If Sliced, lb. 69¢) 59¢ lb.
Bacon, Piece Safeway lb. 98¢

Ground Beef Fresh from U.S. Grown Beef lb. 59¢

Pork Spareribs Fresh, 3-lbs. & Under lb. 99¢

Country SLIMS & THINS Morrell's Pork Sausage, 8 oz. 79¢
Bar S Wieners 1-lb. Pkg. 89¢
Whole Hog Sausage Safeway, 12 oz. 89¢
Safeway Wieners Plump & Juicy, lb. 85¢
Chunk Bologna or Salami, Safeway, lb. 89¢
Greenland Turbot Fillets, lb. $1.09
Dungeness Crabs Fully Cooked, lb. 89¢
Fish Portions Batter Fried, Frozen Captain's Choice, 1.5 lb. $2.35

PRICES EFFECTIVE IN TACOMA & LAKEWOOD AREA STORES ONLY

Boys Club News

BASKETBALL

TBC Lakers played ESBC Parents February 5 and won the game 22 to 12. David Shephard sparked the team with 5 steals and 12 points. Ferrance Quinns and Ronald Walker were exceptional in their defense and we held our opponent to only two points in the first half. Next game Feb. 12 at Baker Jr. High, 9:00 a.m. (Coaches Steve McDaniel and Bill Weatherby).

Buccaneers won their fifth game with a win over the SEBC Meyer by the score of 36 to 29. High point man was Kevin Young with 14 and Billy Veliz with 13. Next game at Gault, Feb. 8 at 8:30 p.m. (Coaches Jim Johnson and Don Tuggle).

T.B.C. Pierce Const. Nuggets pulled together in the fourth quarter in a come from behind victory by scoring 8 points to defeat the SEBC Roman Meal, 17 to 15. Led by the scoring of Reggie Boozer, they tied the score at 15 to 15 with 2 minutes to go. Mike Jefferson connected a 20 foot jump shot to hit the winning bucket. Next game Mt. Tahoma, Feb. 12, 3:00 p.m. (Coaches Hank Rivers and Tommy Davis).

T.B.C. Celtics won their 7th consecutive game in a row by defeating the Golden Falcons 70 to 41. Derrick Johnson was high point man with 26 points. Richard Welch was close in touch with 22 points and John Hammond had 16 points. Dale A., Robert I., Robert D., Al J. and Tony E. played good offensive and defensive games. Next game at Mason Junior High boys gym, Feb. 9 at 8:30. (Coach, Jeff Fletcher). We the TBC Celtics would like to invite everyone and anyone to our next game.

BOXING

The Second Annual Pacific Coast Junior Golden Gloves was held at Lynnwood, Washington on February 5. This is how the Tacoma Boxing Team fared:

8 and 9 years, 60 lbs. Championship -- Parrish Johnson, Tacoma Boys' Club -- decision -- Andy Knapp, Tacoma Boys' Club.

10 and 11 years, 80 lbs. Championship -- Andrew Hankins Jr., Tacoma Boys' Club -- decision -- Mark Miller from St. Helen's Boys Club.

14 and 15 years division, 119 lbs. - Championship Londell Henderson, Tacoma Boys' Club. Referee stopped contest over Kirk Geary, Washington Boxing Club, Snohomish, Washington.

14 and 15 years 132 lbs. Championship -- Dewayne Jamison, Tacoma Boys' Club, lost decision to Gale McKibben, Marysville Boxing Club.

Tacoma Boys' Club took second place in team standings with 36 points. Marysville took first place with 43 points. Tne next tournament for the Boys' Club - February 12-13, Roseburg, Oregon.

MEMBERSHIP

Hve you purchased your membership for 1977? It isn't too late. Rejoin and bring a friend along with you to our Boys' Club. $2.00 per person up to 18 years old. $5.00 per person, 18 and over. Your membership entitled you to take part in all our activities at the Boys' Club for the Membership year.

PARENTS' CLUB MEETING

Next Parents' Club meeting will be Feb. 10 at 7:30 p.m. at the Downtown Boys' Club. Everyone is invited. We need your help to make our program successful.

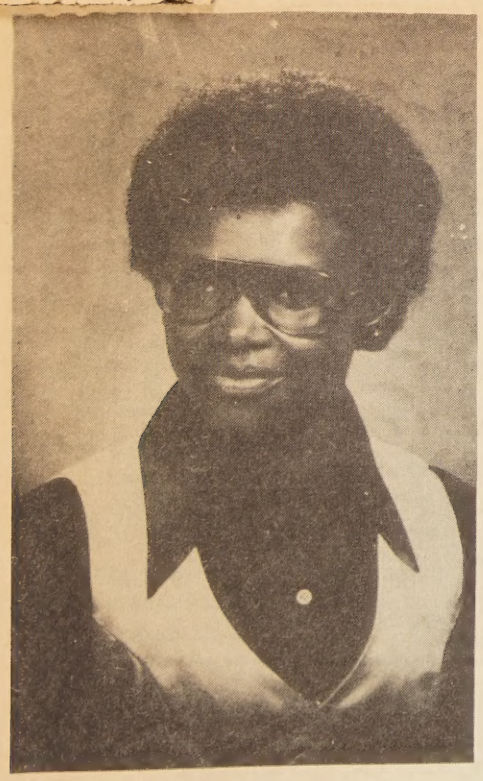
FLASH.....

Tom Reddick from KYAC will be playing records for the Downtown Boys' Club Disco, Feb. 25, 9:00 p.m. until???? Come one, come all. $1.00 per person donation.

ARTS AND CRAFTS

What better place for a boy or girl to be than in an arts and crafts class at the Downtown Boys' Club, on Tuesday nights and Thursday nights. We appreciate the help of the parents who have sent paper and flour for our paper mache projects. Parents are welcome to come down and see what is going on in our arts and crafts class. Tuesday and Thursday nights at 6:00 p.m. to 8:00 p.m.

Community Youth Talent Involvement Program



Regina White, Chairperson.

The Minority Musicians & Entertainers Assoc. is sponsoring a Community Youth Talent Imvolvement Program (C.Y.T.I.P.). It is assumed that this program will address itself to young adults from the ages of 16-19; to participate in the following activities such as concerts, social activities, picnics, drama's, talent shows, talent contests, dances, recreation, promotion of local bands and recording assistance, and skating parties. (A skating party is being planned for March 29, 1977).

You can also benefit from a program such as C.Y.T.I.P., some of the benefits will be discounts from various stores, jobs,scholarships, exposure, recreation, and wholesome fun.

Any young adults interested in being on the advisory committee or just plain wanting to get involved, contact the M.M.E.A., at 572-7269 and ask for Robert Bennett, chairman or Regina White, coordinator.

Lets get involved. Lets make Tacoma number 1.

A QUICK ANSWER. In the first nine months of last year the leading oil companies invested almost nine billion dollars to increase energy production in the United States. That's four billion dollars more than their profits for the same period.

Announcement

The rampaging typhoon that smashed Guam on May 22, 1976 isn't on the front pages anymore. But it will be a long time before the people of Guam forget it. And it will be a long time before Red Cross forgets it. Because we were there, too.

Believe it or not, Guam was only one of 30,000 disasters in the last 12 months where we were called on for major help.

Which is the reason our disaster funds are disastrously low. And an important reason why we need your continued support. Help us. Because the things we do really help. In your own neighborhood.

And across America. And the world.

Guam counted on us.

We're counting on you.

Red Cross. The Good Neighbor.

Black Businessmen

By Alvin Hart (Continued from last week)

A black business man must protect his reputation, and this means guarding his integrity. Black businessmen have given several reasons why they do not want to pay taxes. But there is no excuse that will satisfy the I.R.S. The obligation will be enforced by government authorities.

Avoiding taxes by use of legal means is another matter. A businessman has every right to avoid paying taxes. In fact, tax avoidance is actually encouraged by the I.R.S. and financial counselors. You should not pay more, or less than required by law.

8. Don't spend your money before you make it. Such things as cars, homes, and clothing have been bought on time to give the impression that business is fine. When actually the money to be made is not even certain. This is not limited to black only; however, whites in a financial crisis can bail out faster and with less difficulty than blacks.

9. Re-invest profits in your business. Expansion of black businesses is often made difficult because the owners fail to re-invest a substantial portion of profits in the business.

10. Look for new areas of business opportunity. There are enough Barber Shops, Beauty Shops, Shoeshine Parlors, small grocery stores, and candy stores in the black community - or maybe there isn't - but whatever the case, you should analyze the community to determine what needs are not being met by business.

11. Apply for membership in local chambers of commerce.

12. Form your own organization to promote common interest. BBA etc.

13. Subscribe to trade journals.

14. Enroll in courses given for small businessmen. Most businessmen don't have time for this purpose, but if time permits you should attend such courses.

15. Send away for reading material.

16. Provide young blacks with apprenticeship training or with cooperative business training. A key element in motivating young black students to go into business is previous exposure to the business world. The white youth is more likely to have come from a business family.

17. Concentrate on projecting a new image. Many people have called every black business an Amos and Andy business.

18. Maintain Quality in goods and Services. Consumers today are demanding quality merchandise: they will not buy from a business just because it is black-owned.

19. Maintain neat premises.

20. Do not exploit the black customer.

21. Seek capable and courteous help.

22. Don't wear sensitivity on your sleeve. The customer doesn't need you; you need the customer.

If the black business is to grow and stay alive, there must be commitment on a two way basis. Certain essential factors are involved; awareness, attitude and communication.

To your future!

Pasco Bulldogs Vie For Big Nine Conference Title

From left to right, bottom row: Mark Rowe, Junior; David Raines, Senior; Dick King, Coach; Steve Hayden, Trainer; George Heavens, Junior; David Houf, Senior. Standing, left to right: Don Vaughn, Senior; Richard King, Sophomore; Michael Davis, Senior; Don Bell, Senior; Jesse Garret, Junior; Bruce Patrick, Junior; Tonio Johnson, Senior.

Smoothness, quickness and finesse, describes the mighty Pasco High School Bulldogs. These qualities keep the Pasco Bulldogs in contention for the Big Nine Conference Title. This elegant team at Pasco High, competes in the Triple A League, which is in the Big Nine Conference. Schools in Yakima, Richland, Walla Walla and Wenatchee are some of their competitors.

Within the past 10 years the Pasco Bulldogs have been to regionals 7 times and to the state tournament 3 times. Regionals are held in Spokane and the state tournament is held in Seattle. In Seattle, the top 8 teams in the Triple A Division meet.

Dick King, the coach, is involved in a new experience, for this is his first year coaching the Pasco Bulldogs. Don Munson had been at the helm of the Bulldogs since 1967, he left to become an assistant coach at Michagan State. King came to Pasco from Lexington, Missouri where he had been coaching basketball at a junior college for the past 22 years.

On January 29, the Bulldogs defeated Kamiakin, a high school in Kennewick. During that game, Michael Davis skillfully made 21 points, followed by David Raines who made 16. Don Vaughn, who's average is 22 points a game, ended with 10 points. Vaughn was named the top scorer in the conference last year.

King's goal is for the Bulldogs to take the State championship in March. The Bulldogs are currently in the #2 position, with 9 wins and 2 losses in conference play.

Notice

EDUCATION ISSUE GROUP will meet at the Tacoma Community House at 1311 So. M. St. every 2nd and 4th Monday of the month. Time: 7:30 p.m., in rear Cottage.

HEALTH ISSUE GROUP will meet at the Tacoma Community House at 1311 So. M. St. evern 2nd and 4th Monday of the month at 7:30 p.m., in rear cottage.

HOUSING AND ENERGY CONSERVATION GROUP will meet the first and third Monday of each month. The next regular meeting is Feb. 7th at 7:30 p.m. at the Pavilion, second floor.

THE HECIG will attend the Community Development's Hearing on Housing and will make this part of their regular meeting. The following regular HECIG meeting will be at Tacoma Community House on Feb. 21, 7:30 p.m.

These meetings are sponsored by the Metropolitan Development Council.

Notice

On February 15 the YWCA at 405 Broadway in Tacoma will celebrate Susan B. Anthony's birthday. Ms. Anthony was a rpominent figure in the 19th Century struggle for women's rights and sufferage in the United States. Festivities will begin at noon. Birthday cake and coffee will be served throughout the day. Tours of the building will be conducted at 12:30, 1:30, 3:45 and 7 p.m. YWCA history will be displayed. There will be a free swim from 2:15 to 3:15 p.m. Entertainment will begin at 8 p.m. and will include music, singing, and a reader's theatre presentation entitled "The Spinsters Came A' Spinning. All birthday party activities are free to the public.

INVITATION FOR BIDS

Bids are being received for rehabilitation work in the Neighborhood Preservation Program. For additional information see the Tacoma Daily Index Jan. 31, 1977 or contact the Community Development Department, 909 Broadway Plaza, 4th Floor, Tacoma, Wash. 98402, phone 593-4660. Bid opening: Feb. 14, 1977

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American Heart Association

Veteran's Administration

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Madam Hays
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She can advise you on all problems of life such as love, marriage, business, health, etc. There is no problem so great that she cannot solve it for you. So come in and see this gifted lady, you will truly be amazed by your visit with her. Open daily 9am to 9pm.

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P/T Radio Announcer
Have Top 40-commercial exp, knowledge of rock & contemporary music. Work weekends, 16 hrs/wk. Sal open

PSYCHIATRIC NURSE
Have W.S. license. Work 16 hrs/wk, weekends only. No exp nec. $4.60

SURVEY CHAINMAN
Exp'd chairman to do city lot survey work. $3.50-$6.00

PROGRAM DIRECTOR
Have degree in 1 of the soc. sciences,plus 1 yr administrative exp in soc. service agency. Exp in community relations, fiscal resp, & generation of new sources of funding. $16,000

sales

TELEPHONE SOLICITOR
Must have own phone, work out of own home. Work 10 hrs/wk. Call on prospective customers. $2.50

SALESPERSON
Outgoing person to sell life ins, casualty & mutual funds. Business like appearance. Own trans. Must pass state test. Sal & comm

MACHINERY SALESPERSON
Outside sales of machinery. Age 25 plus. Must have own van. Sell in Tacoma,Olympia, Bremerton areas. $1,000

CALCULATOR SALESPERSON
Sell office calculator equip in Tacoma & Olympia areas. Good math aptitude. Pref knowledge of acct'g. Self-motivated. $500 & comm

TELEPHONE SOLICITOR
Call prospective customers for carpet & upholstery cleaning service. Work 30 hrs/wk. Age 35 +. $2.30

SALES REPRESENTATIVE
Sell paper & specialty resins. Job in Calif. Pref B.S. degree in paper technology, chemistry, or equivalent knowledge & exp in field sales or technical production. Exp in foundry, mineral, fiber or paper industries acceptable.

sales

MARINE ELECTRONICS SALES
Exp in outside sales of marine electronic equip. Sell to commercial fish boats & boatyards. Sell radar, SSB, VHF, radios, marine recorders & fathometers. Sal open

industrial

PLUMBER
New construction of homes & apts. Repair background helpful. Have state plumber's license. No tools req'd. Wage open

TREE F ...ER
Job in Fatoville. Trans daily from pick-up point. Have own rain gear. No exp nec. $2.30-$4.50

WOOD PATTERNMAKER
Pref journeyman. Plan, lay-out & construct wooden unit patterns used in forming sand molds for casting. $6.00 +

clerical

SECRETARY-RECEPTIONIST
Work in medical facility. Have knowledge of medical terminology. Type 50 wpm. Assist in health education program. $500-$600

SECRETARY-RECEPTIONIST
Excellent typing skills. Take shorthand or use dictaphone. Age 23 plus. Possible 2 openings. $600

TELETYPE OPERATOR
Must have stock brokerage teletype operator exp. Will be main operator. Shift: 6:15-3:00 PM. $486

PART TIME TELLER
Exp'd. bank teller. Work part time Mon. & Fri., 16 hrs. wk. plus 40 hrs. first wk. each mo. $3.00+

SECRETARY-RECEPTIONIST
Type 60 wpm, dictation at 80 wpm. Lots of phone work. Excellent fringe benefits. $600

BOOKKEEPER
F/C bkkpr. for 1 person office. Monthly & quarterly tax reports. Have 2 yrs. job exp, or have completed formal training in same. $600

F/C BOOKKEEPER
Must pass acct'g test administered by CPA. Prepare payroll, balance books & compile reports. Type accurately. Will prepare bids. 26 yrs. of age plus. $800

professional

PROGRAMMER
Have 1 yr. exp in production environment. Must have conversational skills in cobal, RPG, fortran & BAL. Consider 2 yrs program schooling in lieu of exp. $700-$1100

REGISTERED NURSE
Valley area nursing home needs R.N. P/T, 16 hrs/wk. $35

ARCHITECTURAL DRAFTER
Have exp doing both multi & single family dwellings. Pref college grad w/ 2 yrs exp. Consider more exp in lieu of college. $4.50

service

COOK
Have 1 yr exp in institutional cooking. Resp for ordering food & cooking hot lunch for up to 90 children. 25 yrs of age plus. Busline available. $500 +

RECREATION ASSISTANT
Must have 3 yrs exp in group recreational activities. Must have knowledge of techniques of wheel thrown & hand built pottery. Be familiar w/ glazing & firing. Will instruct pottery course. $4.20

PRESSER
Exp'd presser familiar w/ quality suits, linens & woolens. Employer will pay above union scale for quality applicant. Sal open

COOK
2 positions open. 1st position broiler cook. Other position all around cook, to prepare lunches & dinners. Both must be exp'd in preparing sauteed dishes. Union scale

industrial

LICS'D BOILER OPR
Need hog fuel high pressure boiler opr. Have 3 yrs exp, plus 2nd class high pressure opr's license. Also do maintenance of boiler & oil turbines. $5.00-$6.50

TV TECHNICIAN
Must have on the job exp. Repair black & white & color TV's, also radios. Shop work only. Pref own tools. $5.00

MARINE MECHANIC
Have 2 yrs exp. Will repair outboard & inboard units & engines. Capable of complete overhaul & all phases of boat rigging. Own tools req'd. $4.00-$6.00

AUTO BODY REPAIRER
Have 4 yrs exp. Will perform all around work, including painting & writing estimates. Med benefits. $7.25

service

COOK-MANAGER
Supvr preparation of up to 1400 meals daily for school cafeteria. Exp in large quantity cooking, baking & salad making. Exp as head cook. Keep records & recipes. $4.20-$4.60

COCKTAIL WAITRESS
Serve cocktails in tide flats area rest. Own transp. Work 20 hrs/wk. Scale

EMERGENCY MEDICAL TECH
Have W.S. emergency medical tech certificate. Valid W.S.D.L. 25 yrs plus. Work on team of 2. Drive ambulance & administer emergency care. $3.00

NURSERY ATTENDANT
Work in church, take care of children 8-12 yrs of age. Be kind & patient. Work Sun. 9AM-12PM, & 5:30PM-8:30PM, plus Wed. 6:45-8:15. $2.50-$3.00

BARBER
Have W.S. license or be able to obtain. Need own tools. Styling exp helpful. Wage or comm

WAITRESS
Exp'd waitress. Occasional short order cooking. Work wk days only, day shift. $2.30 +

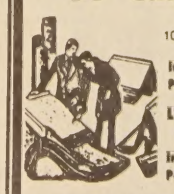
BEAUTY OPERATOR
Must be recent beauty school grad, w/wo exp. F/T or P/T position available. $2.30

CAR DETAILER
Clean inside & outside of new & used cars. Have 6 mos detailing exp. $2.50

MASKER
Mask autos for repainting. All equip furnished. Must have 2 yrs exp, preferably in production shop. $3.00 +

PLUMBER
Journeyman w/ state license. All phases of plumbing. Truck & tools furnished. $6.00

'77 Carpet Sale!



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100% Nylon, Choice of Beautiful Colors, with Rubber Pad
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Multicolor Shag, 100% Nylon Beautiful Colors, Rubber Pad
Installed Price ..... $7.77 yd.

HI-LOW SCULPTURED SHAG with Pad
Brown Tones, Beige Tones
Installed Price ..... $8.77 yd.

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